

ALLERGEN INFORMATION	EGGS	MILK	SOY	WHEAT	SHELLFISH
ENTREES					
All Beef Hot Dogs (hot dog bun)				■	
Bagel Dogs	■	■		■	
Baked Ham					
BBQ Chicken Breasts					
BBQ Chicken Legs					
Beef Stew (with potatoes and carrots)				■	
Beef Tortas				■	
BLT Sandwich				■	
Blueberry Blintzes	■	■			
Burrito Bowl		■			
Caesar Salad	■	■		■	
Caesar Salad (with chicken)	■	■		■	
California Roll (soy sauce and wasabi)			■		■
Cheese Calzones		■		■	
Cheese Enchiladas		■		■	
Cheese Lasagna		■		■	
Cheese Pizza		■		■	
Cheese Quesadillas		■		■	
Cheese Tortellini	■	■		■	
Chicken Enchiladas		■		■	
Chicken Fajitas				■	
Chicken Fingers			■	■	
Chicken Noodle Soup	■			■	
Chicken Nuggets			■	■	
Chicken Parmesan	■	■		■	
Chicken Parmesan Sandwich	■	■		■	
Chicken Parmesan (with pasta)	■	■		■	
Chicken Patty Sanwich	■	■		■	
Chopped Chicken Salad		■			

ALLERGEN INFORMATION	EGGS	MILK	SOY	WHEAT	SHELLFISH
ENTREES					
Chicken Stir Fry			■	■	
Cream of Broccoli Soup		■		■	
Cream of Tomato Soup		■		■	
French Toast	■	■		■	
Ground Beef Tacos				■	
Ham and Cheddar Wrap		■		■	
Ham and Cheddar Wrap (gluten free)		■			
Hamburgers (hamburger bun)				■	
Honey Baked Ham					
Italian Beef (roll)				■	
Italian Sausage (roll)				■	
Macaroni and Cheese		■		■	
Meat Lasagna		■		■	
Meatball Sandwich (roll)	■	■		■	
Meatloaf	■	■		■	
Mediterranean Chicken					
Minestrone Soup				■	
Mini Burgers (buns)				■	
Pancakes	■	■		■	
Pasta Alfredo		■		■	
Pasta Marinara				■	
Pepperoni Pizza Bread		■		■	
Pesto Pasta		■		■	
Pizza Bagel	■	■		■	
Roasted Turkey and Gravy				■	
Sausage, Egg, Cheese, Sandwich	■	■		■	
Sloppy Joe's (bun)				■	
Spaghetti and Meatballs	■	■		■	
Swedish Meatballs	■	■			

[illegible]

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SIDES AND BREAD				
1/2 Baked Potatoes				
Au Gratin Potatoes		■		
Baked Beans				
Buttered Noodles	■	■		■
Chocolate Chip Cookies	■	■		■
Corn Chips				
Flour Tortillas (Tacos, Tortas, Quesadillas and Enchiladas)				■
Gluten Free Bread	■			
Hamburger Buns				■
Hash Browns				
Honey-Wheat Tortillas (Ham and Turkey Wraps)				■
Hot Dog Buns				■
House Made Potato Chips				
Krispy Rice Treats		■		
Mashed Potatoes		■		
Meatballs	■	■		■
Mexican Rice				
Pretzel Twists				■
Rice Pilaf				
Roasted Potatoes				
Sweet Potato Fries				
Sweet Potato Tots				
Tater Tots			■	
Turkey Bacon				
Turkey Sausage				
Wheat Bread for Sandwiches				■
Wheat Garlic Bread		■		■

ALLERGEN INFORMATION	EGGS	MILK	SOY	WHEAT
FRUIT AND VEGETABLES				
Applesauce				
Baby Carrots				
Bananas				
Blueberries				
Broccoli				
Cantaloupe				
Carrots				
Cauliflower				
Corn				
Edamame				
Green Beans				
Honey Dew Melon				
Oranges				
Pineapple				
Potatoes				
Raspberries				
Strawberries				
Watermelon				